

A photograph of a male doctor with a stethoscope around his neck and an elderly female patient. They are both looking down at a document held by the patient. The background is blurred, showing what appears to be a hospital or clinic setting. The entire image has a blue tint.

**January 2021 and beyond**  
Achieving the National Aim for Smoke-free Pregnancies

Wessex

**Patient  
Safety  
Collaborative**

**Portsmouth Hospitals University Trust**

December 2020

### Primary driver

Improve the detection of women who smoke at their Booking appointment

### Secondary driver

Reintroduce CO monitoring at all appointments, following suspension due to COVID-19

Create a effective referral system to SCS

### Change ideas

Implement SCS in ANC services

Create a Health promotion Area in ANC

Measures: Women who smoke at point of booking compared to smoking at time of birth.

### Primary driver

Improve the CO monitoring within maternity outpatients and Maternity Assessment unit

### Secondary driver

Ensure all staff trained to measure CO levels and refer to services

Create an effective referral system

### Change ideas

Implement CO screening in ANC & MAU

Educate staff that this is a normal health screen.

Public health associates in ANC.

Measures: Collect data from notes.

### Primary driver

Create an Every Contact System within Antenatal services

### Secondary driver

Work with mothers and families to uptake smoke cessation services

Educate families of the impact of smoking on their pregnancies

Create a service to provide immediate support

### Change ideas

Train all staff to give VBA

Create improved method of education  
TV / Visual aids

Prescribers for NRT or PGD

# Project Ideas – smoke free pregnancies

- To commence a weekly clinic at the maternity centre on Portsea Island run by the SCS to enable women to obtain NRT therapies including Ecigs. Women will be seen in a setting familiar to them. Aspire to increase the number of women that engage with the SCS and give up smoking. To increase the number of smoke free pregnancies. Includes women with a PO1-PO6 postcode excludes women with postcodes outside of this area.
- Digital notes to roll out from February 2021. Automatic referrals to smoke cessation services will be sent from the same system at the point of contact ensuring all referral made in a timely manner.